

Sunday Series

Let's Talk About _____: A Lenten Series

Sunday Mornings, 9:15 - 10:00am

This Lent we'll explore our identity as bearers of God's image in the world, and we'll engage together in practices that will help us remember who and whose we are. Sometimes that means having hard conversations about the things that we don't always know how to talk about So let's talk about: Shame, Guilt, Vulnerability, Forgiveness, and Courage.

DATE	TOPIC
March 1	<p style="text-align: center;"><u>Shame</u></p> <p>Lent is a season of reflection and repentance. It is an invitation to enter into deep waters, trusting God will be with us. This year's Sunday morning Lenten sessions will enter some of the deepest waters of the human condition. The sacrament of Reconciliation (Confession) will frame all of our discussions. This week focuses on shame which, for many, creates a nagging sense of unworthiness and pain. Led by Bernie Beach</p>
March 8	<p style="text-align: center;"><u>Guilt</u></p> <p>Christian worship includes the confession of sin. Like shame, virtually all human beings have known guilt. We fall short in loving God, our neighbors, and ourselves. This session focuses on guilt. What is it? What is its positive role? How can we act constructively in the face of our guilt? Led by Rev. Beth Taylor</p>
March 15	<p style="text-align: center;"><u>Vulnerability</u></p> <p>We humans are naturally self-protective, but living in community and being close to others requires vulnerability. Paradoxically, vulnerability is one of our greatest sources of strength. This session explores the role of vulnerability in our journey with Jesus and one another. Led by Rev. Beth Bingham</p>
March 22	<p style="text-align: center;"><u>Forgiveness</u></p> <p>Forgiveness is central to Christian faith and practice. We all need forgiveness, and we all need to forgive others. Jesus has shown us that God's essence is a forgiving, embracing love. This session asks hard questions: now can we forgive those who have hurt us deeply? Does forgiveness simply play paper over wrongs. How can we respond when someone won't or can't forgive us. Led by TBD.</p>
March 29	<p style="text-align: center;"><u>Courage</u></p> <p>Genuine repentance - a change in our orientation to the world and in our actions - requires courage. Working to create the beloved community requires courage. Luckily a major theme in Scripture is 'do not be afraid.' This session focuses on how we can live into God's promise because God is with us. Led by Pam Wilkins.</p>



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